

This programme offers a rigorous yet flexible development programme for seasoned coaches who wish to offer professional supervision services to other coach-mentors. The programme will introduce you to a range of models and perspectives in supervision as a means of achieving a well informed and grounded practice in supervision.

SUITABILITY

Suitable for coaches accredited to EMCC Senior Practitioner Level or equivalent, looking to offer supervision in a professional capacity.

ACCREDITATION

Oxford Brookes University accreditation with 20 CAT Credits at Masters Level.

DURATION

8 months (flexible, part-time)

Number of input days: No mandatory days

Average hours required per month: 35 hours

NUMBER OF PARTICIPANTS

This is an individual programme with no group activities PLUS Invitation to join The OCM Network

COST

£3,750 (+ VAT)

LOCATION

You will be allocated your own personal Coach-Mentor Supervisor to provide individual support while on the programme. Supervision sessions are held at a mutually convenient time and location and can also be conducted over the telephone.

APPROACH

You will be guided by your personal, qualified Coach-Mentor Supervisor (CMS) through a range of blended learning opportunities. This will include one-to-one coaching sessions with a qualified Coach-Mentor Supervisor; practice sessions with volunteer supervisees;

Internet based self-assessments of competences; a Learning Portal; online discussions; guided reading and written reflections.

LEARNING OUTCOMES

- Ability to act as a consistently effective coach-mentoring supervisor for practicing coaches and mentors
- Ability to demonstrate knowledge and understanding of models and their application for supporting learning and change for supervisees.
- Ability to anticipate and manage relationship and ethical issues within supervision and coach-mentoring
- Ability to reflect on their own strengths and needs as a coach-mentoring supervisor.
- Ability to articulate their practice via a documented Case Study and Anticipated Issues Report to academic Level 7, Masters Level standard.



ASSESSMENT

The practice and professional component of your submission file will be assessed against the following standards:

- The stated learning outcomes of the programme.

FACE-TO-FACE OR TELEPHONE COACHING

You will arrange 12 hours of face-to-face/telephone conversations and feedback with your own Coach-Mentor Supervisor for the duration of the programme. You will also meet regularly for a minimum of 20 hours with your 4 volunteer supervisees. If requested, additional hours of coaching with your personal Coach-Mentor Supervisor may be purchased.

ONLINE SELF-ASSESSMENTS & RESOURCES

Learning to learn using electronic communication is an important aspect of the programme. You will be required to use the **Programme Support System (PSS)** to access all your programme resources, documentation and communications.

Online competence self-assessments and a very extensive range of online resources and products will be available for the duration of your programme.

KNOWLEDGE MODULES

Throughout the programme you will be required to complete knowledge modules to develop understanding and explore the application of theory to practice. There are 6 prescribed knowledge modules, ranging from covering core definitions and competencies, through to developing psychological and systems perspectives and an optional topic choice module. You will be provided with books that

cover the prescribed texts. A full list of knowledge modules can be provided on request.

180° FEEDBACK BENCHMARKING

After you have held at least 4 coach-mentoring supervision sessions with your supervisees, our 180° feedback benchmarking questionnaire will provide you with quantitative and qualitative evidence to evaluate your progress in meeting the standards required for your award.

MASTER CLASSES

Video-based Master Classes are led by qualified experts and published authors such as Michael Carroll, John Leary-Joyce, Eric Parsloe and Julie Starr. Subjects covered include The Seven Eyed Supervision model, instant coaching, executive coaching and the Gestalt approach of coaching and mentoring.

TECHNICAL REQUIREMENTS

You will need to be in a location where there is access to, and the ability to competently use:

- an Internet connection — preferably broadband (ISDN is acceptable, but will be slow)
- Microsoft Internet Browser Version 6 or above
- a computer with a CD-ROM drive, ability to play audio and a printer
- Flash Player 9 for video plug-ins
- Microsoft Windows 97 and Office 97 or above
- a regularly updated virus checker installed

If you are a MAC user please check with us for compatibility.



Overview

MONTH	WORKSHOPS AND COACH-MENTORING	DEVELOPING HANDS-ON EXPERTISE	KNOWLEDGE MODULES AND LEARNING RESOURCES	SELF-ASSESSMENTS AND DISCUSSION THREADS
1	<p>1/2-day briefing with Coach-Mentor Supervisor (CMS).</p> <p>Introduction to the Programme, Learning Outcomes, Key Supervision Models and Core Processes</p> <p>Programme Personal Learning Plan (PLP)</p>	Contracting or re-contracting sessions as appropriate with the supervisees	<p>Online Learning Portal - Senior Practitioner Level (for ongoing use throughout the programme)</p> <p>Knowledge Module 1</p>	Self-assessment - Learning Outcomes for the Programme
2	Individual session with CMS - Review of taped/recorded supervision session	Coaching sessions with 4 x Supervisees	Knowledge Module 2	Peter Honey internet-based 'Learning Styles'
3	Individual session with CMS - Deepening Coaching Presence	Coaching sessions with 4 x Supervisees	Knowledge Module 3	Self-assessment – Emotional Intelligence
4	Individual session with CMS - Review of taped/recorded supervision session	Coaching sessions with 4 x Supervisees	Knowledge Module 4	Self-assessment – Ethics in Coaching and Mentoring
5	Individual session with CMS - Psychological Mindedness in Supervision	Coaching sessions with 4 x Supervisees	Knowledge Module 5	
6	<p>Individual session with CMS - Discussion of Case Study and Anticipated Issues Report</p> <p>180°feedback benchmarking exercise</p>	Coaching sessions with 4 x Supervisees	Knowledge Module 6	Review: Self-assessment - Learning Outcomes for the Programme
7-8	<p>Individual session with CMS to review 180 Benchmarking Feedback</p> <p>PLP for ongoing learning</p> <p>Case Study Report (1,500 words)</p> <p>Anticipated Issues Report (1,500 words)</p>		<p>Submission file date for assessment and certification: Within 12 months of the initial briefing session</p>	