



SELF-ASSESSMENT OF COACH-MENTORING PRACTITIONER LEVEL COMPETENCE

The questionnaire is arranged into 19 questions that should apply to competence statements at Practitioner Level. Each has a number of explanatory elements that you should view before you answer. These additional elements give a much more detailed explanation of the full meaning of the question in terms of the sequence of thoughts and actions that should be followed when relating to coach-mentoring.

(These are guidelines only, so if you do something which is equivalent that is quite acceptable.)

Please hover over the Prompt button to bring up the accompanying statements.	Strength		Acceptable		Need to improve	
	6	5	4	3	2	1
Prompt Q1 How experienced are you at coaching at this level?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q2 How well are you able to 'manage your own state of mind'?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q3 How strong is your self-belief to coach in a wide range of situations and contexts with a diverse range of learners?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q4 How good are you at continuing to develop your self-awareness?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q5 How well do you continue to develop your personal values, beliefs and attitudes?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q6 How good are your deeper levels of communication skills?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q7 How good are you at building a long-term relationship based on trust?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q8 How good are your organisation development and systems thinking skills?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q9 How experienced are you at leading change?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q10 How well developed is your coaching tools and techniques?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q11 How well do you understand the learning process?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q12 What is your understanding of different human behaviour models?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q13 How well do you select and apply the appropriate tools and techniques to help your learners deal with specific challenges?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q14 How effective are you in challenging in a way which demonstrably improves your learners performance?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q15 How well do you demonstrate leadership qualities and behaviours which support the learner?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q16 How well do you adapt your coaching and use a range of techniques and methods to help the learners achieve their goals?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q17 How well do you adapt to organisational changes that impact on the contract agreement?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q18 How well do you manage professional boundaries?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Prompt Q19 How well do you demonstrate your accountability for your professional practice?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

[Next](#)