

Programme Overview

OCM educate

COACHES MENTORS SUPERVISORS

Introduction to the Diploma in Coaching and Mentoring Supervision (Short Course)

Once registered on the programme, the Online Pathway modules provide resources and activities for gaining knowledge and learning against the Learning Outcomes. The 50 study hours are at EMCC ESQA Practitioner Level.

	Programme events	Hands on Practice	Self-Assessments	Books/Articles/ Social Media	Evidence
Pre-Course	Complete Module 1: Pre-webinar Activity on the Pathway	Contracting for a minimum of two sessions with 2-3 volunteer Supervisees (2 - 3 hours)	ESQA Competences self-assessment	Obtain mandatory Book 1: "Practical Supervision, Henderson" by Holloway and Millar	Begin and maintain your Supervision Activity Log
Months 1 and 2	Attend Introduction to Supervision Briefing Webinar (3 hours) Complete Module 2: First steps after Briefing webinar Individual virtual supervision session with Coach Mentor Supervisor (CMS) 1.25 hours Themed Webinar – 'Unconscious Bias and Group Supervision models' (3 hours)	Individual Supervision sessions with volunteer Supervisees (2 – 3 hours)		Optional Book 2: "Coaching Supervision: Advancing practice, Changing Landscapes" edited by Jo Birch and Peter Welch (2019) Online Learning Resources: Articles provided: <ul style="list-style-type: none"> "Mentor Development and Supervision" by Stokes-Merrick Chapter on Supervision from "Coaching and Mentoring – Practical Techniques for Developing Learning and Performance" by Parsloe and Leedham (3rd Edition. 2016) 	Begin and maintain a self-managed Learning Journal Reflection Note 1 on key learning in Months 1 and 2 Personal Learning Plan for this programme
Months 3 - 5	Themed Webinar 'Psychological Insight and uses of creativity in supervision' (3 hours) Individual virtual supervision session with Coach Mentor Supervisor (CMS) 1.25 hours Submit for assessment at the end of Month 5	Peer Group Supervision (min of 3) using an agreed topic of choice (2 - 3 hours) Deliver a Group Supervision with a min of 3 supervisees (2 hours) Individual Supervision sessions with Volunteer Supervisees (2 - 3 hours)	Ethics self-assessment	Online Learning Resources:- Articles provided: <ul style="list-style-type: none"> "Formation and transformation" from The OCM 2017 Journal "Supervision: Live or Lip Synch" in The OCM 2016 Journal 	How to prepare for Supervision Paper Reflection Note 2 on key learning in Months 3 and 4 Reflection Note 3 on Group Supervision Update Supervision Activity Log Final PLP for ongoing learning Extracts from learning journal
50 hours study	10 hours of guided practice including 121 with CMS.	Approx 12 hours of supervision practice, group & individual	28 hours of preparation, guided learning, theory, reflection and review		