

## The OCM Supervision in Coaching and Mentoring Certificate – April 2024

### 50-hour bespoke short course, accredited by the EMCC with an ESQA (Supervision Quality Award)

Module number	Content	Method
Welcome and Introduction Module 1 1 week from 29/4/24	Course overview, Learning Outcomes and what to expect EMCC Supervision Competence Framework What coaches and mentors want from supervision The way to successful assessment	Online learning platform, known as the “Pathway” Access to resources Purchase the course’s accompanying book
Module 2 3 weeks from 6/5/24  Self-Awareness and Reflective Practice in Supervision	Reflective practice and using a reflective journal The role of the CMS (Coach Mentor Supervisor) in 121 sessions Self-assessment questionnaire on Competences Capture recent experiences of being supervised and /or supervising others Complete a Personal Learning Plan (PLP) Enabling supervisees to develop a habit of reflection	<b>Webinar 1 – Introduction to Supervision</b> Wednesday 15th May 2024 from 2pm to 3.30pm  Pathway activities Begin log of activity Begin Reflective Journal CMS Session 1 of 4
Module 3 4 weeks from 27/5/24  Managing the Supervision Contract and Process	The Global Code of Ethics Self-assessment of ethical practice in supervision Contracting for Supervision Inclusion, Diversity and Equality Unconscious Bias Identifying real clients to supervise during this course	<b>Webinar 2 – Inclusion, Diversity &amp; Equality, and Unconscious Bias in Supervision</b> Tuesday 4th June 2024 from 9.30am to 11am  Pathway activities Update log Reflective Journal Optional wider resources
Module 4 3 weeks from 24/6/24	How to prepare clients for supervision Models for Supervision Supervision practice with clients	Pathway activities Update log Reflective Journal CMS Session 2 of 4

Relationship Awareness in Supervision		Optional wider resources
Module 5 3 weeks from 15/7/24  Facilitating Development in Supervision	Record keeping Models for Facilitating Development Challenge and giving feedback as the Supervisor Evaluating movement and shifts in thinking Inviting feedback from clients Supervision practice with clients	Pathway activities Update log Reflective Journal Optional wider resources
Module 6 4 weeks from 5/8/24  Providing Support in Supervision	Systems thinking and group dynamics The wellbeing of the client Supervision practice with clients	<b>Webinar 3 – Psychological Insights in Supervision</b> Tuesday 13 <sup>th</sup> August 2024 from 9.30am to 11am  Pathway activities Update log Reflective Journal Optional wider resources
Module 7 3 weeks from 2/9/24  Systemic Awareness in Supervision	The wider systems of which clients are a part Culture and behaviour in organisations Leadership behaviour Models for systems awareness Supervision practice with clients	Pathway activities Update log Reflective Journal Optional wider resources CMS Session 3 of 4
Module 8 3 weeks from 23/9/24  Facilitating Group Supervision	The differences and similarities between individual and group supervision Self- assessment questionnaire on Competences (repeated) Models for Group Supervision Evaluating and getting feedback from Group Supervision Care and resilience statement Supervision practice – one group supervision session	<b>Webinar 4 – Group Supervision</b> Tuesday 1st October 2024 from 2pm to 3.30pm  Pathway activities Update log Reflective Journal Optional wider resources  <b>Facilitated Group Supervision:</b> Tuesday 8th October 2024 from 2pm to 4pm

Module 9 3 weeks from 14/10/24  Client Feedback Report	An automated questionnaire, which is sent to clients of the candidate’s choice, producing a Feedback Report linked to Supervision behaviours and underpinned by the EMCC Supervision Competence Framework	Client Feedback Report created
Module 10 3 weeks from 4/11/24  My Supervision Practice and Promoting Professional Standards	Reflection on Client Feedback Report Planning for ongoing evaluation of Supervision practice Setting out “My Supervision Philosophy and Signature Practice” (a diagram/ visual presentation with accompanying audio) Promoting Professional Standards through conversation in the coaching, mentoring and organisational communities Final reflective statement and ongoing development plan	Pathway activities Update log Reflective Journal Optional wider resources CMS Session 4 of 4
Module 11 1 week from 25/11/24  Assessment and Professional Declaration	All assessment evidence is created during the modules, leaving the candidate with a simple declaration to confirm. This covers ethics, professional standards, ongoing CPD and accessing Supervision	
Module 12  Course Evaluation Questionnaire	The candidate is asked to complete two short questionnaires for our internal evaluation purposes; one on their learning experience and one on their Coach Mentor Supervisor	
Module 13  Completion and Certificate	On successful completion of the learning and having demonstrated the required evidence of competences/learning outcomes – the candidate will receive their Certificate	

**Whole 50 hours Programme totals:**

Practice hours: 19 hours (Including 12 hours unaccompanied, practising as Supervisor to clients and 7 hours, accompanied)  
 Reflection: 13 hours  
 Theory/Models: 13 hours  
 Planning time: 5 hours